# KIMISIS COMMUNITY



SUMMER 2024 Edition

KIMISIS TIS THEOTOKOU GREEK ORTHODOX CHURCH

HOLMDEL NEW JERSEY



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**SUMMER 2024** 



### Father's Message



### The Dormition of the Holy Virgin Theotokos



"You gave birth yet preserved your virginity. You fell asleep in death yet did not desert the world, O Theotokos. You were transported to life, as you are Mother of Life and, by virtue of your intercessions, deliver our souls from death". (Apolytikion of the Feast)

The Dormition of the Theotokos is one of the Great Feasts of the Orthodox Church, celebrated on August 15. The word "Dormition" is a derivative from the Latin word "dormitio", which means "falling asleep."

The Feast of the Dormition of the Theotokos is the commemoration of the falling asleep, burial, resurrection, and translation of the Theotokos into heaven in the body. The Feast of the Dormition of the Theotokos is one of the oldest feasts in the Orthodox Church. The roots of the feast go back to Jerusalem, where the apostles and the Christians of Jerusalem honored and kept alive the memory of the falling asleep of the Theotokos. Consequently, her empty tomb, in Gethsemane, became a destination for pilgrims from Jerusalem and the surrounding neighborhoods.

After the establishing of the doctrine of the Divine Motherhood of the Virgin Mary in the third Ecumenical Council of Ephesus (431), the commemoration of the falling asleep of the Theotokos became more popular amongst Christians in most of the Christian world.

In the late sixth century, in the year 588, the emperor Maurice – Maurikios (539-602), officially adopted the commemoration of the Feast of the Dormition of the Theotokos into the liturgical calendar in the entire Byzantine Empire, and commanded that it be celebrated on August 15.

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In the second half of the seventh century, the feast of the Dormition appeared in the West under the influence of the East. It was accepted in Rome under Pope Sergius I (687-701), and from Rome it passed over to the rest of Europe.

Up until the end of the ninth century, the feast of the Dormition of the Theotokos was preceded by two periods of fasting:

- 1) before the feast of the Transfiguration (August 1-5) and
- 2) after the feast of the Transfiguration (August 7-15).

In the tenth century, the two fasting periods were merged into one, which includes fourteen fasting days beginning on August 1st through August 14th.

The details of her Dormition are not found in the New Testament but come to us from Holy Tradition of the Church which include: the writings of Saints Dionysios the Areopagite, John the Damascene and Andrew of Crete; the hymnography and iconography of the Church, in addition to an apocryphal narrative of the feast by Saint John the Theologian.

According to the Orthodox Tradition, the Virgin Mary lived after Pentecost in the house of the Apostle John in Jerusalem. As the Mother of the Lord, she became the source of encouragement and help for the Apostles and all Christians.

Three days before her death, the Archangel Gabriel appeared to the Virgin Mary and revealed to her the date of her departure into eternal life. Immediately, the Theotokos returned to her home and prepared herself for this event through fasting and prayer.

On the day of her repose, even though the apostles were scattered throughout the world, they were miraculously transported to be at her side. Apostle Thomas did not arrive on time to bid his final farewell to the Theotokos.

While the Apostles were singing hymns in honor of the Mother of God, they saw a vision showing Christ, accompanied by Angels and Saints, coming to escort the soul of His Most Holy Mother into heaven. With songs of praise, the Apostles carried the body of the purest Theotokos to the grave in Gethsemane to be buried near her parents.

At Gethsemane, the disciples gathered and remained around her tomb and kept a vigil for three days. On the Third day, the Apostle Thomas arrived and asked to view for the last time the Most Holy Mother of God. When the Apostles opened the grave of the Theotokos, her body was not there. The Apostles realized then that she was taken into heaven in the body to be reunited with her soul.

It is a sacred tradition in our Church that the celebration of the Feast of the Dormition of the Theotokos is preceded by a two-week fasting period, which is referred to as the "Dormition Fast." The Dormition Fast starts on August 1 and ends on August 14th. It is

a very strict fast, even stricter than both the Nativity and the Apostles Fasts.

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In the Dormition Fast all kinds of meat, fish, oil, and wine are forbidden to eat; with the following exceptions: on the feast of the Transfiguration (August 6) when fish is allowed; on Saturdays and Sundays when oil and wine are allowed.

During the Dormition Fast, either the Small Paraklesis (Supplicatory Canon) or the Great Paraklesis are celebrated every evening with the following exceptions: on Saturdays, on the Eve of the Feast of the Transfiguration and on the Eve of the Feast of the Dormition itself, where the festal services are celebrated.

In some churches and monasteries, the service of the "Burial of the Theotokos" is celebrated during an All-Night Vigil. The order of the service is based on the service of the burial of Christ, which consists of chanting the "Lamentations at the Bier of the Mother of God", and a solemn procession made with the a Epitaphion of the Theotokos.

In our parish, the Lamentations of the Dormition of the Theotokos will be chanted at Great Vespers on the eve of the Feast. Please note that this beautiful service of the "Burial of the Theotokos" is not a standard service in most parishes, or even most cathedrals or monasteries.

The liturgical text of the Feast of the Dormition depicts the feast as a Paschal event. The hymns of the feast assert that the Virgin Mary experienced **her own personal Pascha** by passing through death and rising to eternal life. Being alive in heaven, as a queen and mother of Christ, we, now, can ask her intercessions to help us transform our own forthcoming death into a Paschal victory over death.

In the ecclesiastical tradition, the feast of Dormition of the Theotokos is called the "Summer Pascha." This name is derived from the fact that the Theotokos experienced her own Pascha; "Passover" from this life into life eternal.

The Dormition of the Theotokos is a confirmation of the resurrection of Christ and a source of hope for the faithful in the promise of their personal resurrection, their personal Pascha. The death of the Theotokos and her translation into heaven confirms the divine promise of Christ to His faithful children that they will enjoy life eternal in everlasting communion with God.

What a paradox! While this Feast is called the "Falling Asleep of the Theotokos," it is a celebration of her life and victory over death. It is a celebration of her "Passover" from this life into life eternal. It is a celebration of the confirmation of the promise of our own resurrection in Christ.

May Lord our God bless us with health and endurance so we can all celebrate joyfully her Dormition on August 15<sup>th</sup>. Amen!

In His Service, Fr. Panagiotis Lekkas

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#### ΕΟΡΤΗ ΤΗΣ ΚΟΙΜΗΣΕΩΣ ΤΗΣ ΘΕΟΤΟΚΟΥ

Ήχος α΄.

' Έν τῆ Γεννήσει τὴν παρθενίαν ἐφύλαξας, ἐν τῆ Κοιμήσει τὸν κόσμον οὐ κατέλιπες Θεοτόκε, Μετέστης πρὸς τὴν ζωήν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις ταὶς σαῖς λυτρουμένη, ἐκ θανάτου τᾶς ψυχᾶς ἠμῶν''.

Μέσα στήν σωματική καί πνευματική χαλαρότητα τοῦ καλοκαιριοῦ ἡ Ἐκκλησία μας προβάλει, ὡς πνευματική καί ψυχική ἀφύπνιση, τήν μεγάλη γιορτή τῆς Παναγίας μας. Τόν Δεκαπενταύγουστο, ἤ ὅπως τό ἀνομάζουν πολλοί «τό Πάσχα τοῦ καλοκαιριοῦ», ἀποτελεῖ ἕναν σπουδαῖο ἑορτολογικό σταθμό τοῦ ἐκκλησιαστικοῦ ἔτους. Ἡ κορυφαία αὐτή γιορτή εἶναι γιά ὑλόκληρη τήν Ἐρθοδοξία καί ἰδιαίτερα γιά μᾶς τούς Ἐλληνες, πού εὐλαβούμαστε τή Θεοτόκο μέ ξεχωριστό τρόπο, μιά εὐκαιρία νά ἐκφράσουμε ὑλόψυχα τήν τιμή μας πρός τό ἱερό της πρόσωπο, κι αὐτό, διότι ἡ προσωπική καί ἐθνική μας ζωή εἶναι συνδεδεμένη μέ τήν σκέπη καί τήν προστασία τῆς Μεγάλης Μάνας, τοῦ κόσμου.

Ή Παναγία μας, ἀξιώθηκε νά γίνει το ἱερώτατο σκεῦος, ὥστε νά δεχτεῖ τόν ἄπειρο Θεό στήν ἀμόλυντη σάρκα της, νά κυοφορήσει τόν ἄναρχο καί ἀναλλοίωτο Θεό στήν τίμια γαστέρα της, νά θρέψει τόν Θεό ἀπό τά παρθενικά της αἵματα, νά κρατήσει στά σεπτά της χέρια τόν «ἀχώρητον παντί».

Το ίερό πρόσωπο τῆς Θεοτόκου ἀποτελεῖ, σύμφωνα μέ τήν ὀρθόδοξη θεολογία μας, μέρος τοῦ μυστηρίου της θείας Οἰκονομίας.

Έκλέχτηκε ἀπό τόν Θεό ἀνάμεσα σέ ἑκατομμύρια ἄλλα κορίτσια, ἀμέτρητων γενεῶν, ὡς ἡ καθαρώτερη καί ἁγιώτερη ἀνθρώπινη ὕπαρξη, προκειμένου νά γίνει μητέρα τοῦ Θεοῦ. Οἱ Πατέρες τῆς Ἐκκλησίας μας λένε πώς γιά τήν πραγματοποίηση τοῦ σχεδίου τῆς σωτηρίας τοῦ ἀνθρωπίνου γένους, ὁ μέν Θεός ἑδωσε τόν Υἰό του τόν Μονογενή ἡ δέ ἀνθρωπότητα πρόσφερε τήν Παναγία. Στό ἱερό πρόσωπο Ἐκείνης ἔγινε ἡ συνάντηση Θεοῦ καί ἀνθρώπου. Μέσα στό πάναγνο σῶμα Ἐκείνης ἔγινε ἡ μεγάλη συμφιλίωση Θεοῦ καί ἀνθρώπου καί ἀπό αὐτό ξεκίνησε ἡ σωτηρία τοῦ ἀνθρωπίνου γένους Στό πρόσωπό της ἔγινε ἡ ἀρχή γιά τή λύτρωση τοῦ κόσμου καί τή θεώση τοῦ ἀνθρώπου.

Ή Θεοτόκος μέ τήν ἐπέλευση τοῦ Άγίου Πνεύματος κατά τόν Εὐαγγελισμό, ὑπῆρξε τό πρῶτο ἀνθρώπινο πλάσμα πού καθαρίστηκε ἀπό τόν ρύπο τοῦ προπατορικοῦ ἁμαρτήματος καί ἐπανῆλθε στήν ἀρχαία προπτωτική της μορφή καί ὑραιότητα, προκειμένου νά δεχτεῖ στά ἁγνά σπλάχνα της τόν Ἰησοῦ Χριστό,τό «πῦρ τῆς θεότητος».

Άπό τότε ἔγινε ἡ «Κεχαριτωμένη», ἡ ἀγιωτέρα ὕπαρξη μετά τόν Τριαδικό Θεό. Η συμβολή τῆς Παναγίας μας στό ἐπί γῆς ἀπολυτρωτικό ἔργο τοῦ Χριστοῦ ὑπῆρξε τεράστιο. Βρισκόταν συνεχῶς πλάι στόν Λυτρωτή μας: ἀπό τήν Γέννηση ὡς τό Πάθος, τήν Ἀνάσταση καί τήν Ἀνάληψη. Δοκίμασε, ὡς μητέρα, τίς πίκρες τῶν παθημάτων τοῦ Υἰοῦ της, μέ ἀποκορύφωμα ἐκείνη τοῦ σταυρικοῦ του θανάτου.

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Σύμφωνα μέ τήν παράδοση τῆς Ἐκκλησία μας Αὐτή ἦταν πού ἐμψύχωνε τούς διωκόμενους πρώτους χριστιανούς τῆς Ἐκκλησίας τῶν Ἱεροσολύμων. Ἡ ἐπί γῆς ζωή τῆς Παναγίας μας ὑπῆρξε ἕνας συνεχής ἀγώνας καί μία ἀξιόλογη προσφορά γιά τή σωτηρία του ἀνθρωπίνου γένους.

Τά ἱερά βιβλία τῆς Καινῆς Διαθήκης δέν ἀναφέρουν δυστυχῶς τίποτα γιά τή ζωή τῆς Παναγίας μας, μετά τήν Ἀνάσταση τοῦ Κυρίου, τήν Πεντηκοστή καί τήν Ἀνάληψη του στούς οὐρανούς.

Όταν ἦρθε ἡ ὥρα νά ἐγκαταλείψει αὐτόν τόν κόσμο, στάλθηκε καί πάλι ὁ ἀρχάγγελος Γαβριήλ νά τῆς ἀναγγείλει τήν ἐπιθυμία τοῦ Θεοῦ καί Υἰοῦ της. Ἐνῶ προσευχόταν στό σπίτι της στά Ἱεροσόλυμα, παρουσιάστηκε ὁ Ἄγγελος καί τῆς εἶπε: «Χαῖρε κεχαριτωμένη Μαρία. Σοῦ φέρνω μήνυμα ἀπό τόν Υἰό Σου. ³Ηρθε ἡ εὐλογημένη ὥρα νά πᾶς κοντά του καί νά δοξαστεῖς ὅπως σοῦ ταιριάζει. Ἐτοιμάσου, λοιπόν, καί σέ τρεῖς ἡμέρες θά ἔρθει Ἐκεῖνος νά πάρει τήν τίμια καί ἀμόλυντη ψυχή σου».

Μετά ἀπό αὐτό καί ἀφοῦ συνῆλθε ἀπό τήν ἀπτασία, χάρηκε πολύ καί κίνησε βιαστικά νά ἀνέβει στό ἀγαπημένο της Ὅρος τῶν Ἐλαιῶν γιά νά προσευχηθεῖ, ἐκεῖ πού προσευχήθηκε γιά τελευταία φορά ὁ Υἰός της πρίν ἀπό τό Πάθος του.

Γονάτισε ταπεινά, ὕψωσε τά σεπτά της χέρια καί ἀτένισε τόν οὐρανό. Καί ἀφοῦ εὐχαρίστησε τόν Θεό, τόν παρακάλεσε γιά τή σωτηρία τοῦ κόσμου. Μετά γύρισε στό σπίτι της καί ἄρχισε νά ἑτοιμάζει τα ἀπαραίτητα τῆς κηδείας της. Μάζεψε ἐπίσης τους συγγενεῖς της καί τούς ἀνακοίνωσε τή ἐπιθυμία τοῦ Κυρίου, νά τήν καλέσει κοντά του. Ἐκεῖνοι ὅταν τό ἄκουσαν ξαφνιάστηκαν καί ἄρχισαν νά θρηνοῦν γιά τό χωρισμό τῆς Μητέρας τοῦ Κυρίου. Ἡ Παναγία τους παρηγόρησε λέγοντάς τους πώς αὐτό εἶναι τό θέλημα τοῦ Θεοῦ καί πώς ἀπό τή θέση της στόν οὐρανό θά πρεσβεύει πάντοτε γιά ὑλόκληρο τό ἀνθρώπινο γένος.

Γιά παρηγοριά τούς δώρισε δύο ἀπό τά φορέματά της, τήν Σκέπη της (τό μαντίλι πού φοροῦσε στό κεφάλι της) καί τήν Ἐσθήτα της (τό ἐπανωφόρι της), τά ὑποία ἀποτέλεσαν κατόπιν τούς πολυτιμότερους θησαυρούς τῆς Ἐκκλησίας μας.

Την Τρίτη ἡμέρα μετά τήν ἐπίσκεψη τοῦ ἀρχαγγέλου, ἡ Κυρία Θεοτόκος ἀφοῦ ντύθηκε μόνη της τα νεκρικά της ἐνδύματα, κάλεσε καί πάλι τους συγγενεῖς της καί ξάπλωσε ἤρεμα στήν κλίνη της. Τότε συνέβη τό ἑξῆς θαυμαστό γεγονός: Μιά δυνατή βοή ἀκούστηκε στό σπίτι της καί τό κάλυψε μιά φωτεινή νεφέλη. Ἀμέσως μεταφέρθηκαν σέ νεφέλες ἀπό τα πέρατα τῆς οἰκουμένης οἱ ἅγιοι Ἀπόστολοι προκειμένου νά παραβρεθοῦν στήν ἔξοδό της. Κατά τόν ἴδιο τρόπο μεταφέρθηκε ὁ ἀπόστολος Παῦλος, ὁ Διονύσιος ὁ Ἀρεοπαγίτης καί ὁ ἅγιος Ἱερόθεος, πρῶτος ἐπίσκοπος τῶν Ἀθηνῶν, ὁ ἅγιος Τιμόθεος καί ἀλλα σημαίνοντα πρόσωπα τῆς Ἐκκλησίας.

Η Κυρία Θεοτόκος, ἀφοῦ χαιρέτισε καί εὐλόγησε ὅλους, παρέδωσε την ἁγία ψυχή της στά χέρια του Υίοῦ της, ὁ Ὁποῖος κατέβηκε ἀπό τόν οὐρανό γιά νά την παραλάβει ὁ Ἰδιος. Οἱ συγκεντρωμένοι Ἀπόστολοι, οἱ προεστοί τῆς Ἐκκλησίας τῶν Ἱεροσολύμων καί ὁ πιστός λαός ἄρχισαν νά τῆς ψάλλουν ἐξόδιους ὕμνους. Ταυτόχρονα ἀκούστηκε νά συμψάλλει στρατιά Ἀγγέλων ἀπό τόν οὐρανό. Ἡ οὐράνια μελωδία ἀκούστηκε σέ ὁλόκληρη τήν πόλη. Φόβος καί ἔκσταση κατέλαβε τούς κατοίκους τῆς ἁγίας πόλεως τῶν Ἱεροσολύμων.

Μετά σχηματίσθηκε νεκρική πομπή ἡ ὑποία κατευθυνόταν στό χωρίο Γεθσημανή, ὅπου θά ἐνταφιαζόταν τό τίμιο σκήνωμά της.

Πρίν φτάσουν στόν τόπο τῆς ταφῆς ἔφτασαν φανατικοί Ἰουδαῖοι οἱ ὑποῖοι θέλησαν νά βεβηλώσουν την ἕξοδο τῆς Μητέρας τοῦ Ἰησοῦ, τόν Όποῖο μισοῦσαν θανάσιμα. Μέ ὕβρεις, ἀπειλές καί λοιδορίες προκαλοῦσαν τήν σεμνή νεκρική πομπή. Κάποιος ἀπό αὐτούς εἶχε την ἀναίδεια νά πλησιάσει τό σεπτό φέρετρο τῆς Θεοτόκου, μέ σκοπό νά ρίξει στό ἕδαφος τό ἅγιο σκήνωμά της. Μόλις τόλμησε νά ἀγγίξει τό νεκροκρέβατο, ἀμέσως κόπηκαν καί τά δύο του χέρια καί ἔμειναν κολλημένα πάνω σ' αὐτό. Ταυτόχρονα ἔχασε καί τό φῶς του. Τότε κατάλαβε τήν ἀσεβέστατη καί αἰσχρότατη πράξη του καί μέ φωνές γοερές δήλωνε τήν μετάνοιά του καί παρακαλοῦσε τήν Παναγία νά τόν λυπηθεῖ καί νά τόν θεραπεύσει. Καί ὦ τοῦ θαύματος. Ὁ ἄνθρωπος ἐκεῖνος θεραπεύτηκε ἀμέσως. Μέ δάκρυα στά μάτια ἀκολουθοῦσε καί αὐτός τήν ἱερή πομπή. Ἀντίθετα οἱ ἄλλοι σύντροφοί του παρέμειναν ψυχροί καί ἀμετανόητοι μπροστά στό μεγάλο θαῦμα τῆς Θεομήτορος. Ἐκεῖ στό ἥσυχο χωρίο Γεσθημανή ἔγινε ἡ κήδευση τοῦ ἀχράντου λειψάνου τῆς Παναγίας μας. Τό θεοδόχο σῶμα της, τέθηκε σέ περιποιημένο μνημεῖο, πού ἑτοίμασαν οἱ Χριστιανοί τῆς ἀγίας πόλεως. Μέ λυγμούς καί δάκρυα οἱ ἅγιοι Ἀπόστολοι καί οἱ ἄλλοι Χριστιανοί σφρανοι τῆς ἀγίας πόλεως. Μέ λυγμούς καί δάκρυα οἱ ἅγιοι Ἀπόστολοι καί οἱ ἄλλοι Χριστιανοί σφράγισαν τό μνημεῖο καί ἀποχώρησαν.

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Ή εὐσεβής παράδοση τῆς Ἐκκλησίας μας ἀναφέρει πώς μετά τήν ταφή καί ἀφοῦ πέρασαν τρεῖς ἡμέρες, ἔφτασε στήν Γεσθημανή ἀργοπορημένος ἀπό τίς μακρινές Ἰνδίες, ὅπου ἔκανε ἱεραποστολή, ὁ ἀπόστολος Θωμᾶς. Ζήτησε ἐπίμονα, μέ δάκρυα στά μάτια, νά τοῦ ἀνοίξουν τόν τάφο γιά νά δεῖ καί νά προσκυνήσει γιά τελευταία φορά τό τίμιο σκήνωμα τῆς ἀγαπημένης Μητέρας τοῦ Δασκάλου του. Μπροστά στήν ἐπιμονή του οἱ ἄλλοι Ἀπόστολοι ἄνοιξαν τόν τάφο καί, ὦ τοῦ θαύματος, ὁ τάφος ἦταν κενός, ἦταν ἄδειος. Ὁ Κύριος μετέστησε τό πάνσεπτο σῶμα τῆς ἀγαπημένης Μητέρας του στόν οὐρανό, ὥστε νά μήν γευτεῖ τή φυσική φθορά.

Ή ἀργοπορία τοῦ Θωμᾶ χαρακτηρίστηκε ἀπό τήν Ἐκκλησία ὡς οἰκονομία τοῦ Θεοῦ, γιά νά γίνει γνωστή ἡ μετάσταση τῆς Κυρίας Θεοτόκου. Ὁ κενός τάφος της στήν Γεθσημανή ἀποτελεῖ μέχρι σήμερα πηγή ἁγιασμοῦ τῶν μυριάδων πιστῶν πού τόν ἐπισκέπτονται κάθε χρόνο καί ἀπόδειξη τῆς μετάστασής της στόν οὐρανό.

Ή ἱερή μνήμη τῆς Κοιμήσεώς τῆς Παναγίας μας εἶναι, Ἀγαπητοί μου, μιά καλή εὐκαιρία νά ἐκδηλώσει ὁ εὐσεβής λαός τῶν πιστῶν, τήν ἀγάπη, τό σεβασμό καί την εὐγνωμοσύνη του πρός Αὐτήν.

Οι Όρθόδοξοι πιστοί:

\*Συμμετέχουμε καθημερινά στίς ἀκολουθίες τῶν ὑπέροχων Παρακλητικῶν Κανόνων της.

\*Νηστεύουμε, έξομολογούμαστε καί κοινωνοῦμε.

\*Τρέχουμε μέ δάκρυα στά μάτια νά ἐναποθέσουμε σ' Αὐτήν τίς δυσκολίες καί τά βάσανα τῆς ζωῆς μας.

\*Τήν παρακαλοῦμε μέ ζέση ψυχῆς νά ἐλαφρώσει τόν βαρύ ζυγό μας, διότι πιστεύουμε ἀκράδαντα πώς ἡ γλυκιά Θεομάννα καί μετά τήν σεπτή της Κοίμηση συνεχίζει νά ἀγαπᾶ καί νά νοιάζεται γιά μᾶς τούς ἀνθρώπους. Μέσα στή μεγάλη καρδιά της ὑπάρχει χῶρος γιά τόν κάθε ἄνθρωπο, ὄχι μόνο γιά τους πιστούς, ἀλλά καί γιά τούς ἁμαρτωλούς καί ἀσεβεῖς, ἀκόμα καί γιά τούς ὑβριστές της.

\*Η μακάρια θέση της κοντά στόν Υίό της καί Θεό μας Ίησοῦν Χριστό, τῆς δίνει τήν εὐχέρεια νά προσεύχεται γιά τόν καθένα μας καί γιά κάθε μας πρόβλημα.

\*Τα αποτελέσματα των πρεσβειών της είναι χειροπιαστά. Γι' αύτό ψάλλουμε στόν περίφημο Μικρό Παρακλητικό Κανόνα πρός Αύτήν:

«Οὐδεὶς προστρέχων ἐπὶ σοί, κατησχυμένος ἀπὸ σοῦ ἐκπορεύεται, ἁγνὴ Παρθένε Θεοτόκε, ἀλλ' αἰτεῖται τὴν χάριν καὶ λαμβάνει τὸ δώρημα, πρὸς τὸ συμφέρον τῆς αἰτήσεως».

π. Π. Λ.

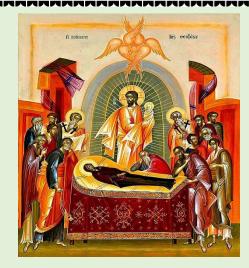
HOLMDEL NEW JERSEY

**SUMMER 2024** 



### Father's Message





### SPECIAL OFFERINGS FOR THE FEAST DAY OF THE DORMITION OF THE THEOTOKOS AUGUST 15, 2024

Ποοετοιμασία γιά τήν ἑορτή τῆς Κοιμήσεως τῆς Ὑπεραγίας Θεοτόκου στίς 15 Αὐγούστου 2024.

#### IF ANYONE WOULD LIKE TO DONATE A PARTICULAR ITEM FOR THE FEASTDAY OF THE DORMITION OF THE THEOTOKOS, PLEASE CONTACT FR. PANAGIOTIS OR THE CHURCH OFFICE DURING OUR REGULAR OFFICE HOURS.

Θά ἢταν εὐχής ἔϱγο γιά ὅποιον πιστό θελήσει νά δωϱίσει τά παϱακάτω ἀπαϱαίτητα λειτουϱγικά ἀντικείμενα γιά τήν εὐπϱέπεια τοῦ ἑοϱταστικοῦ τόνου τῶν ἀκολουθιῶν τῆς πεϱιόδου τοῦ Δεκαπενταυγούστου. Θά εἳναι δωϱεᾶ ὒψιστη πϱός τήν Μητέϱα τοῦ Χϱιστοῦ μας. Οἱ ἐνδιαφεϱόμενοι μποϱείτε νά ἐπικοινωνήσετε μέ τό π. Παναγιώτη ἡ μέ τό γϱαφείο τῆς ἐκκλησίας στό τηλ. 732-739-1515.

THE PARAKLESIS SERVICES - AUGUST 1 – 15	\$ 10 each
Κόκκινα κεριά πέντε ἡμερών ἀπό 1-15 Αὐγούστου	\$ 10 το ἓνα
2. 4 FLOWER BOUQUETS -	
(YELLOW AND WHITE ROSES)	\$ 220 each
4 Άνθοδέσμες μέ κίτρινα καί ἂσπρα τριαντάφυλλα	\$ 220 η μί <b>α</b>
3. 4 WREATHS TO DECORATE THE CHURCH	\$ 200 each
4 Στεφάνια γιά νά στολιστεί ή ἐκκλησία	\$ 200 το <b>ε</b> να
1. EPITAFIO FLOWERS	\$ 1,500 Donated
Λουλούδια γιά τόν στολισμό τοῦ Ἐπιταφίου	\$1,500 Donated
6. GARLAND TO DECORATE THE ICON OF THE DORMITION	\$ 400
5. 4 DECORATIVE RIBBONS FOR THE ALTAR AND ICON STANI	<b>DS \$100 each</b>
7. 2 DECORATIVE COVERS FOR THE ICON STANDS	\$ 200 each
3. INCENSE	\$80 per pound
9. KOMANTARIA WINE	\$ 250
0. 5 LOAVES OF BREAD FOR THE ARTOCLASIA	\$ 90

HOLMDEL NEW JERSEY

**SUMMER 2024** 



### Father's Message





Sunday, August 4, 2024 Κυριακή 4 Αύγούστου

Monday, August 5, 2024 Δευτέρα 5 Αύγούστου

Tuesday, August 6, 2024 Τρίτη 6 Αύγούστου Tuesday, August 6, 2024 Τρίτη 6 Αύγούστου

Wednesday, August 7, 2024 Τετάρτη 7 Αύγούστου

Thursday, August 8, 2024 Πέμπτη 8 Αύγούστου

Friday, August 9, 2024 Παρασκευή 9 Αύγούστου

Monday, August 12, 2024 Δευτέρα 12 Αύγούστου

Tuesday, August 13, 2024 Τρίτη 13 Αύγούστου Great Paraklesis - 2:00 PM Μεγάλη Παράκλησις -2:00 μ.μ.

Great Vespers of the Transfiguration of our Lord - 6:00 PM Μέγας Έσπερινός τῆς Μεταμορφώσεως -6:00 μ.μ.

Transfiguration of our Lord Orthros & D. Liturgy 9:00 AM Μεταμόρφωσις τοῦ Σωτῆρος Όρθρος & Θ. Λειτουργία 9:00π.μ. Great Paraklesis - 6:00 PM Μεγάλη Παράκλησις - 6:00 μ.μ.

> Small Paraklesis – 6:00 PM Μικρή Παράκλησις -6:00 μ.μ.

Great Paraklesis- 6:00 PM Μεγάλη Παράκλησις -6:00 μ.μ.

Small Paraklesis- 6:00 PM Μικρή Παράκλησις -6:00 μ.μ.

Small Paraklesis – 6:00 PM Μικρή Παράκλησις – 6:00 μ.μ.

Great Paraklesis - 6:00 PM Μεγάλη Παράκλησις - 6:00 μ.μ.

Wednesday, August 14, 2024 Eve-Dormition of the Theotokos-Vespers with the Lamentation Service - Egomia- 6:30 PM Reception to follow

Τετάρτη 14 Αύγούστου

Παραμονή τῆς Κοιμήσεως τῆς Θεοτόκου – Ἐσπερινός μετά ἐγκωμίων - 6:30 μ.μ.

#### Thursday, August 15, 2024, Dormition of the Theotokos-Orthros & Divine Liturgy- 9:00-11:00 AM Reception to follow

Πέμπτη 15 Αύγούστου

Έορτή τῆς Κοιμήσεως τῆς Θεοτόκου – Ὅρθρος καί Θεία Λειτουργία-9:00-11:00 π.μ. Δεξίωσις μετά την Λειτουργία



**HOLMDEL NEW JERSEY** 

**SUMMER 2024** 



### Father's Message



#### **DORMITION OF THE HOLY VIRGIN THEOTOKOS**

August 15<sup>th</sup> is the most respected Feast Day in the Greek Orthodox Church that is dedicated to the Mother of God. Our Church celebrates the Dormition of the Virgin Mary, the Mother of our Lord Jesus Christ, who came for the salvation of the world. The Virgin Mary, the Theotokos, was the chosen person by God's will for the salvation of the world. Through Mary's motherhood, God fulfilled His philanthropic providence for the deliverance of mankind who was bound with the sin of the world.

Mary's personhood is the most revered among the Christian world and is attributed with the Christian desire to acquire God's mercy by praying to Her during the trying times of their lives in order to receive Her grace, peace, courage and support. It is an old tradition in our Orthodox faith, that during the fasting period, we commemorate the names of our living people in the supplication services.

#### Η ΕΟΡΤΗ ΤΗΣ ΚΟΙΜΗΣΕΩΣ ΤΗΣ ΥΠΕΡΑΓΙΑΣ ΘΕΟΤΟΚΟΥ

Η περίοδος από την 1 Αυγούστου μέχρι την ημέρα της εορτής την Κοιμήσεως της Ύπεραγίας Θεοτόκου 15 Αυγούστου, είναι περίοδος προετοιμασίας πνευματικής και σωματικής για τον εορτασμό της μεγάλης Θεομητορικής εορτής της Ύπεραγίας Θεοτόκου. Η Εκκλησία μας δίνει την δυνατότητα σε όλους τους πιστούς δια μέσω των παρακλήσεων να προετοιμαστούν ψυχικά και πνευματικά για αυτήν την μεγάλη εορτή της Παναγίας και Μητέρας μας.

Για μέσου των παρακλήσεων, δίνετε η δυνατότητα σε όλους μας να προσευχηθούμε στην Ύπεραγία Θεοτόκο να πρεσβεύει υπέρ ημών και υπέρ όλων των προσφιλών προσώπων που έχουν ανάγκη υλική και πνευματική στήριξη. Η Παναγία υπήρξε μητέρα που πόνεσε και αγωνίστηκε όπως κάθε μητέρα και συνεχίζει να είναι μητέρα όλων μας διότι πρεσβεύει προ του Υιό της δια την σωτήρια όλων των ανθρώπων.

**֍֍֍֍֍֍֍֍֍֍֍֍֍֍֍֍֍֍֍֍**֍֍

Names for the Paraklesis – (FOR HEALTH) Συμπληρώσετε τα ονόματα για τις Παρακλήσεις – (ΥΠΕΡ ΥΓΕΙΑΣ)

### Letter from the President



Dearest Stewards of Kimisis Tis Theotokou,

I hope this letter finds you well during the summer months. The past few months have been exceptionally rewarding and fulfilling, much like this entire ecclesiastical year.

The blessings of Holy Week and Easter were truly amazing. From the solemn reflections of Good Friday to the joyous celebration of Easter Sunday, this sacred time filled our hearts with gratitude and renewed our spirits. The powerful moments of worship, the sense of community, and the profound reminders of faith left an indelible mark on us all. We are deeply thankful for Father Panagiotis and the grace and blessings this holy season brought into our lives.

Shortly after this beautiful holiday, we came together once more to host the best Festival on record. Thanks to your time, generous donations, and volunteering, the event was a great success. Your dedication and support made it possible for us to create an unforgettable experience for everyone involved. We are deeply grateful for your commitment, which has truly made a difference in our community. On behalf of the Parish Council, we sincerely appreciate each and every one of you for your continued commitment to our beloved Kimisis Tis Theotokou.

Congratulations to all our graduates! May God continue to bless and watch over you in all your future endeavors. Please remember to visit your Kimisis family whenever possible, as we are incredibly proud of all your accomplishments and eagerly anticipate witnessing your next journey.

We pray everyone has a blessed and safe summer filled with warmth and joy and look forward to sharing in fellowship during these sunny months. Stay well and enjoy this season of relaxation and renewal!

Thank you, once again, for everything you do. Your dedication to our parish is truly a blessing.

With warmest regards,

Despina "Debbie" Mattos President, Kimisis Tis Theotokou

**SUMMER 2024** 

Sunday School GOYA Joy Hope Kimisis Dancers



All our organizations enjoyed a great year!

## Congratulations

to the Graduating Class of 2024

B

### Good Luck

to all as you prepare for the upcoming school year

B

### Looking Forward

### to connecting in September

### G

Check the website for Registration Days in September



### **GREEK SCHOOL**

#### Summer 2024 | Email: Evangelia Dounis Liadounis@gmail.com



On May 30th, the Greek School had their graduation/promotion ceremony. It was a beautiful event followed by a PTO celebration with food, games and fun. we are proud of our students. Good luck to our graduates and looking forward to seeing our younger students in the fall.

Upcoming Events Fall 2024 September 10, 2024 Greek School Blessing/ PTO Meet and Greet







#### Registration

Registration for Greek School '24-'25 is attached. If interested in adult Greek classes or signing your children up, please email Evangelia at Liadounis@gmail.com

Summer 2024 | Email: Evangelia Dounis Liadounis@gmail.com

**SUMMER 2024** 

### Kali Parea



Kali Parea is a group of Seniors of Kimisis Tis Theotokou from ages 50+++. We get together every first Tuesday of the month for companionship and good conversation.

We meet from 11:30-1:30. We bring a boxed lunch and for the Holidays we have potluck lunches, where everyone brings something to the gatherings.

In the past we have watched movies and played games.

Planning for September is in progress. We look forward to you

### Joining Us

Our goal is to meet other seniors and enjoy a few hours of fun and good company, (hence Kali Parea).

We welcome new members and new ideas.

So come & enjoy the fun with some good company.

Respectfully, Connie Mellas-President

### Maids of Athena



The Maids of Athena chapter Theodora #282 has been keeping busy with exciting events. As we near the end of a productive season, we are reminiscing the memories, lessons, and friendships gained.

Back in April, the Maids of Athena set out to celebrate the hard-working mothers within the parish with a Mother's Day fundraiser. After each Maid contributed to a beautiful and brimful gift basket, we raffled off tickets for a chance to win. At our Mother's Day coffee hour, our winner, Johanna Kotsis, went home with a well-deserved Mother's Day present.

After months of planning and fundraising, the Beautification Project is officially complete. The Maids of Athena transformed the space outside Kimisis into a serene area for all to enjoy. We assembled furniture, trimmed bushes, planted flowers, and so much more to pull the space together. We couldn't have finished this project without the generous donations and time spent by the AHEPA chapter #517, who single handedly constructed the charming pergola. Thank you to the parishioners, as well, for participating in our fundraisers and believing in our vision. We are so grateful to be a part of such a supportive community.

The members of our chapter all got together for a relaxing Spa Night, where we got our nails done together to celebrate April being Stress Awareness Month. Not only did this bonding event bring us closer, but it also reminded us to pamper ourselves every once in a while.

To support the Grand President's project, our president, Lia Belitsis, and vice president, Christina Xenakis, participated in a virtual 5k, where all proceeds benefit the Girls on the Run organization.

Most recently, our girls met with our Grand Lodge Liaison, Markella Roros, and our Past Grand President, Maria Ana Pantelous, for brunch at Over Easy Kitchen. We had such a great time speaking with them and are inspired by their commitment within the Maids of Athena. We are beyond appreciative that Markella and Maria Ana were able to come down to meet with our chapter and are looking forward to seeing them again.

Our chapter advisor, George Karatzia was recognized for his accomplishments with AHEPA in the Service Dogs for Warriors program. He was interviewed about his work as the newly selected Co-Chairman of the NJ Disabled American Veteran Suicide Prevention Committee. We are so proud of Mr. Karatzia and honored to have him as our chapter advisor. Thank you for your service!

As we begin winding down for the Summer, we'll be hosting our executive board elections to elect our upcoming leaders. We will also be initiating three new members, who we are so excited to welcome into our chapter. Here's to yet another successful season, and we can't wait to start back up in September!

### Maids of Athena











Join a great organization doing amazing things to help promote community and Hellenism



**SUMMER 2024** 

Girl Scout Troop 337



by Cheryl Bontales

Kimisis tis Theotokou Girl Scout Troop 337 welcomed Mrs. Dena (nee Orfanitopoulos) Scoullos to help the Troop earn their Coding Badge. A Hazlet School District Technology teacher, Mrs. Scoullos, who completed her scouting years with Troop 337, engaged the Girls in fun activities and help them understand technology. Working in teams, Girls learned how computer scientists code programs for computers to solve problems. Thank you, Mrs. Scoullos! In discussing Fitness, Safety and First-Aid the Girls prepared for their Nature Walk through the trails in Holmdel Park, which was enjoyed by all. The Hike was followed by a Lock-In at the Community Center, where the Girls applied skills they learned to take to Camp, such as rolling a sleeping bag, pitching a tent, tying knots, and cooking outdoors. The Girls enjoyed crafts that reflected skills learned.

Our adult Leaders and Volunteers were recognized at the Council and Regional Awards dinner, with Stephanie Karatzia receiving New Troop Leader Certificate of Appreciation and Star Rookie Award, Vanessa Haliotis received the Rising Star Award, and Cheryl Bontales the Legacy Award.

Our First Grade Daisies bridged up to Brownies and will work on the St. George Religious Recognition Award program over the summer. All Girls earned their Membership Stars and Badges for the work they completed. We look forward to everyone returning in September.

For more information on Girl Scouting in Holmdel, contact cheryl.bontales@gmail.com

#### **SUMMER 2024**

### Girl Scout Troop 337



Girls learning, exploring, having fun, learning leadership skills, and making lasting friendships start with organizations like these. Join us in September!







### Kimisis Playgroup



The Kimisis Playgroup is open to our community's children from ages 0-4. Meetings include structured activities, storytime, singing, dancing, music and unstructured playtimes. Children of all abilities are welcome, and must have a parent, grandparent or other caregiver with them at all times. Older siblings are welcome to join in on the fun as well. Our latest meeting had ice cream themed activities. Children were able to play in a child-sized ice cream truck. They worked on their motor and social skills by scooping and serving each other pretend treats. This spring, we ventured out for our first farm meetup at Oak Hill Farms in Holmdel, where the children were able to observe and feed chickens, goats and alpacas. Upcoming meetings are to take place on Friday, June 14th at 11am in the church gym. If the weather is suitable, our meetings can take place outside so the children can enjoy nature. An upcoming kids-free, mother's meetup is also scheduled. As always, our meetings will be free of charge. Please e-mail Vivian Silverman at vsilverman95@gmail.com with any questions or if you are interested in joining.



### Hellenic Dancers



### HELLENIC DANCERS OF NJ



Mission



- To research, preserve and perpetuate the regional folk dances of Greece within the Greek community
- Share these rich, cultural traditions with the American public
- Document and acquire the folk music, customs, dances, clothing and historical information from throughout Greece and the Greek diaspora

Over 350 dances, songs, and related traditions have been preserved since 1972. These are indigenous to mainland Greece, its islands, Asia Minor and Cyprus.

The Hellenic Dancers of NJ is an independent 501(c)(3) non-profit founded in 1972



#### Contact Us

For performance inquiries, to join the group, and more information 908.361.9978 Info@hellenicdancersofnj.org www.hellenicdancersofnj.org

Connect with us



#### **BECOME A DONOR**

Help HDNJ continue its mission of preserving and perpetuating Greek folk heritage in America by becoming a donor today. We appreciate your support!

\$10	□\$200
□\$25	□\$500
□\$50	\$1000
□\$100	\$0ther:

Name:\_\_\_\_\_ Address:\_\_\_\_\_ City:\_\_\_\_\_ State/Zip:\_\_\_\_\_ Phone:\_\_\_\_\_ Email:\_\_\_\_

> Make checks payable to: Hellenic Dances of NJ PO BOx 461, Holmdel, NJ 07733 or donate via Zelle:



All donations are tax-deductible Federal Tax ID: 22-232-5685 NJ Charities #: 1087600-03 HDNJ is also eligible for most corporate gift-matching programs

#### HISTORY

Founded in 1972 by the Very Rev. Fr. Jim and Presvytera Eleni Chakalos, HDNJ held its first rehearsal in Asbury Park, NJ, with just 12

dancers. Over **2000 dancers** have participated in HDNJ since its inception. Our longevity is a testament to the dedication and love that our dancers have for their Hellenic culture.

As the first organization of its kind in the New Jersey, HDNJ has evolved to assume a vital role in the community, inspiring the creation of Greek folk dance groups all over the country, and functioning as an integral component in maintaining the tradition of Greek folk dance in America. The name, **Hellenic Dancers of NJ**, is synonymous with artistic excellence, cultural integrity, and dedication to the arts.

integrity, and dedication to the arts.





**PAST PERFORMANCES** 

This outstanding troupe is nationally recognized for its accurate presentation of Greek traditions and has performed at Presidential rallies and inaugurations, for the royalty and ambassadors of several nations as well as: Benefit for Sloan Kettering Hospital; Statue of Liberty Weekend Grand Finale; 20/20 ABC Television Program; Garden State Arts Center Intra-State Competition, 1st Place; Deborah Hospital Benefit; Shriners Installation; Queens College of Byzantine and Modern Greek Studies Benefit; O. Elytis Chair of Modern Greek Studies at Rutgers University; Union County College Folk Arts Festival; NJ State Ethnic and Diversity Festival: Benefit for the Smile Train: Greek Heritage Day with the Metrostars; 2004 Olympic Games in Athens, Greece;Centennial Epiphany Celebration in Tarpon Springs, FL; Culture and Context a Tapestry of Expressionat NJ State Museum; New York Times Travel Show; Stockton College Day of Greek Letters; Hermes Expo International; Greek Cultural Village at Riverside Theatre; Kimisis Benefit for Autism Speaks; Founding Member HellenicFederation of NJ; weddings, baptisms and many other Greek and culturally diverse festivals and special programs.

#### **SUMMER 2024**

### AHEPA Chapter 517





In collaboration with the Maids of Athena, our chapter embarked on a meaningful project to enhance the aesthetic and functional appeal of the church's meditation garden. The initiative involved setting up a beautiful pergola, which now serves as a serene spot for reflection and community gatherings. This effort not only beautified the space but also made it more usable and clean, providing a welcoming environment for parishioners and visitors alike. The success of this project underscores our commitment to fostering a sense of community and care within our church family.

Our much-anticipated Annual Cigar Night was a resounding success, drawing over 300 attendees from various walks of life. This event, a cornerstone of our fundraising efforts, provided an evening of camaraderie and enjoyment while raising significant funds for a variety of charitable causes. Through the generosity of our supporters and the dedication of our members, we were able to make substantial contributions to philanthropic endeavors, reinforcing our chapter's mission to give back to the community. The event highlighted the spirit of charity and the importance of coming together to support those in need.

A highlight of our educational initiatives this quarter was the sponsorship of a deserving student to participate in the Journey to Greece program. This enriching experience offers students the unique opportunity to earn college credits while immersing themselves in Greece's rich historical, political, and cultural heritage. By supporting this program, our chapter is investing in the future of our youth, fostering a deeper understanding of our cultural roots, and promoting academic excellence. The student will explore significant historical sites, engage in educational activities, and gain insights that will undoubtedly shape their academic and personal growth.

Through these initiatives, AHEPA Chapter 517 continues to uphold its values of community service, cultural enrichment, and educational support. We are grateful for the unwavering support of our members and the broader community, which makes these accomplishments possible. As we look ahead, we remain committed to our mission and to making a positive impact in our community.

### Advertise Here





# Have a business and want to advertise?

For information on how to place an ad please reach out to: Katina Hutin

c/o Kimisis tis Theotokou Greek Orthodox Church 20 Hillcrest Road Holmdel, New Jersey 07733

> info@kimisis.com 732-739-1515

Call Tuesday-Thursday to speak to Katina directly. Come to the office on Sunday after church to speak to someone. Email or call. We are happy to help get your information to the parish.

KIMISIS TIS THEOTOKOU GREEK ORTHODOX CHURCH 20 HILLCREST ROAD HOLMDEL NEW JERSEY 07733



**KIMISIS COMMUNITY JOURNAL** 

HOLMDEL NEW JERSEY

SPRING 2024